



# Dr. Matteo Bertelli's™

## **BONES AND MUSCLES**

**Dietary Supplement with Resveratrol, Polydatin and Vitamin D3**



**MAGISNAT™**  
The science behind the natural molecules and the Mediterranean diet



# BONES AND MUSCLES

**Dr. Matteo Bertelli's Bones and Muscles is a Dietary Supplement based on Resveratrol, Polydatin and Vitamin D3**



## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 30

|                        | Amount per Serving | % Daily Value* |
|------------------------|--------------------|----------------|
| Vitamin D3             | 25mcg              | 120%           |
| Polygonum Root Extract | 71mg               | **             |
| of which Resveratrol   | 70mg               | **             |
| Polygonum Root Extract | 30mg               | **             |
| of which Polydatin     | 29mg               | **             |

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\* Daily Value not established

## QUALITY AND SAFETY

We analyze **each individual batch**, ensuring the **highest accuracy and safety** of our dietary supplements. The analyses are published on our website, [www.magisnat.com](http://www.magisnat.com), and search for the **batch number corresponding to the one you purchased** to view them.

### What do we check for each production batch?

- Microbiological Analysis
- Absence of heavy metals
- Absence of pesticides and aflatoxins
- Gluten-free and lactose-free
- Absence of the eight food allergens

This dietary supplement has been manufactured in Italy, **under certified cGMP processes**. **US expert consultants provide a dossier for each production batch.**



# BONES AND MUSCLES

## PROPERTIES



**Promotes Muscle And Bones Health\***: Resveratrol works synergistically to ensure the strength of your bones and the functionality of your muscles.\*



**Immune System Booster\***: This compound come to the aid of the immune system in situations where it is important to strengthen the body's natural defenses, promoting overall health.\*



**Cardiovascular Health\***: The combination of Resveratrol and Vitamin D provides significant support to the cardiovascular system. This nutrient combination works synergistically to improve its function, promoting optimal blood circulation.\*



**Deficiency/Increased Vitamin D Demand\***: Vitamin D helps maintain a balance to ensure optimal levels of vitamin D in the body, both in cases of deficiency and increased requirements.\*



**Antioxidant Effect\***: Resveratrol has the ability to neutralize free radicals, contributing to the prevention of cell damage and the preservation of long-term health.\*

## OUR APPROACH TO PERSONALIZED DIETARY INTEGRATION

The data from omics tests allows us to understand the real needs by studying the body's key metabolic mechanisms. Our dietary supplements are designed to target these critical areas\*, providing targeted support where your body needs it most.



### **Omics Testing: Discover Your Personalized Report**

Embrace the results of omics tests to discover the secrets of your vulnerabilities and needs.



### **Selection of the Right Dietary Supplement for You**

Choosing a dietary supplement should not be based only on the claims but must also stem from the personalized information of each individual.



### **Monitoring for Excellence**

Only through careful monitoring, made possible by omics tests, you can gain the maximum benefit from the supplements.



### **Science at the Core**

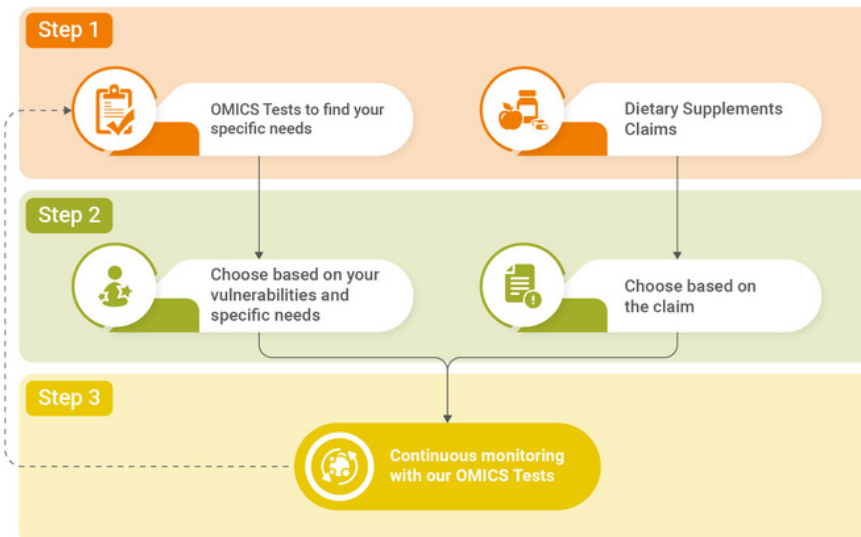
Every formulation is the result of the scientific research conducted by MAGISNAT at the Atlanta Tech Park.



# BONES AND MUSCLES

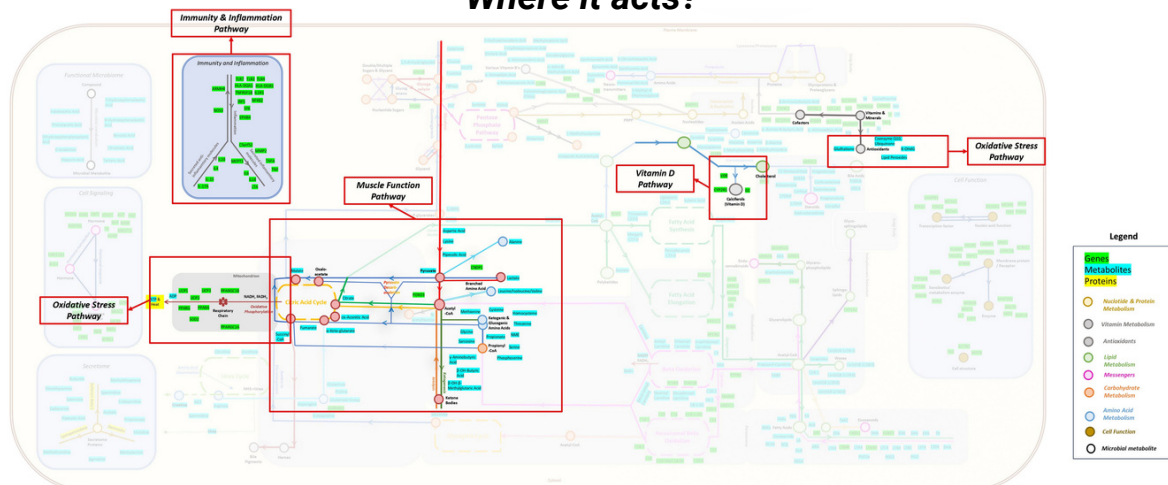
## INTEGRATED APPROACH: OMICS PATHWAY ANALYSIS AND DIETARY SUPPLEMENTS

As first step, MAGISNAT provides OMICS Tests that allow you to identify your specific needs. Moving on to step two, MAGISNAT offers a diverse range of dietary supplements designed to support those specific needs.\* Furthermore, as the third step, MAGISNAT, utilizing OMICS Tests, enables you to continually monitor your metabolism, empowering you to make informed decisions and choose the most suitable dietary supplement for your evolving requirements.



Using advanced omics techniques and our 'OMICS Machine,' MAGISNAT examines human metabolic pathways, identifying deficiencies and vulnerabilities through omics tests. This informs personalized nutritional supplementation based on individual molecular profiles, laying the groundwork for crafting personalized nutritional plans.

### Where it acts?\*





# BONES AND MUSCLES

## WARNINGS

- This dietary supplement is not to be intended as a substitute for a varied diet and must be used as part of a healthy lifestyle.
- Keep the product out of reach from children under 18 years of age. Do not exceed the recommended daily dose.
- For the usage of the product during pregnancy and during breastfeeding or during taking medication it is recommended to seek the advice of a doctor.
- Do not take in cases of known or suspected hypersensitivity or allergy to one or more of its components.
- Do not use if the package is not intact and/or after the expiration date. The expiration date refers to the product correctly stored and in unopened packaging.

## STORAGE

- Store at room temperature in a cool and dry place, away from direct light and heat sources. Maximum storage temperature 86°F.
- Do not use if the package is not intact and/or after the expiration date.
- Expiration date refers to a product properly stored and in unopened package.

## DIRECTIONS

- The recommended dose of Dr. Matteo Bertelli's Bones and Muscles is 1 capsule a day, preferably in the morning.
- Maximum dosage: 1 capsule per day in total.
- When using this product, do not exceed the recommended dose.